

**Master
JASON CHAN**

26 - 27 June 2010

**Kildale
NE England**



“Awaken To Your Inner Radiance”

Join the UK’s renowned Tai chi, Chi Kung and Meditation Master and spiritual teacher for an inspirational weekend workshop.

Learn how tai chi and chi kung raise your vibrations so that you can live radiantly, abundantly and joyfully through the challenges of daily life.

10:00 am – 5:00 pm

Kildale Village Hall

Kildale YO21 2RG

(5 minute walk from Kildale train station)

£65 for 1 day or £120 for 2 days

Pre-booking and £25 deposit required. Make cheque payable to Jason Chan. Balance of payment on the day.

Please contact Sandie Day at 07967 890 969

to reserve your place

Please wear comfortable clothing for gentle exercise. Also, bring a yoga mat, meditation cushion and warm wrap for meditation if you have one.